

Elizabeth Brokamp, PHD, LPC, ACS, NCC, BC-TMH

EDUCATION

Doctor of Philosophy in Counselor Education and Supervision, Leadership Emphasis
University of the Cumberland (CACREP accredited)

Research and Clinical Emphasis: Best practices in online counselor education; sense of belonging in online educational environments; gatekeeping; trauma counseling, women's counseling, professional identity development.

Dissertation title: *“Administrators’ Experiences of Gatekeeping in CACREP-Accredited Programs: A Grounded Theory.”*

Master of Education: Psychological Counseling
Teacher's College, Columbia University

Master of Arts: Psychological Counseling
Teacher's College, Columbia University

Bachelor of Arts in English
College of William and Mary

CERTIFICATIONS AND LICENSES

- National Board-Certified Counselor (NCC)
- Licensed Professional Counselor (LPC), Virginia and Texas
- Approved Clinical Supervisor (ACS)
- State Licensure in Pupil Services (School Counseling K-12), Virginia
- Board Certified Tele-Mental Health Provider (BC-TMH)

PROFESSIONAL EXPERIENCE

Clinical Assistant Professor, Saint Joseph's University (August 2024 to present)

- Serve as a core faculty member in the Counseling Program
- Teach Group Counseling, Foundations of School Counseling, and Counseling Children in Schools

Assistant Professor/Core Faculty in Counseling, Tenure-Line (2021 – 2024)

Program Director (2023-2024), Gwynedd Mercy University, PA

- Served as program director for an online counseling program with 4 other full-time faculty, a fieldwork coordinator, 10 adjuncts, and 105 students.
- Supervised the Fieldwork Coordinator.
- Served as SME for (10) online courses for CMHC and School Counseling concentrations, including Multicultural Counseling and Social Justice, Assessment, Ethics, Special Topics Residency, and Internship courses in both Clinical Mental Health and School Counseling tracks.
- Implemented a new summer residency model for the program, including developing a Special Topics Residency course as the SME.
- Hired and onboarded new program adjuncts.
- Authored Section 1 of the program's CACREP self-study and self-study Addendum.
- Served as program's CACREP Liaison, 2021 - 2023.
- Participated in the program's CACREP site visit, May 2024, with 8-year accreditation awarded in August 2024.
- Served as NBCC Liaison, 2021 - 2023.
- Served as faculty mentor for half the program's CMHC students and for 2-4 adjunct faculty in CMHC.
- Responsible for leading efforts to evaluate and assess students and manage student remediation processes, up to and including dismissal.
- Revised student handbook, including remediation policies and procedures.
- Participated in two search committees for core faculty positions.
- Taught at multiple program residency weekends for Group Counseling and Counseling Skills: Year 1: (2), Year 2: (3), Year 3: (2)
- Created department newsletter and wrote, edited, and produced two editions per year.
- Created a Canvas group for department and professional information, which is utilized as an information repository for all students in the Counseling program.
- Member of the admissions committee for the program and helped revise admissions process (questions, format, and rubric).
- Courses taught: Internship for both SC and CMHC (synchronous, online); Foundations; Assessment; Counseling Theories; Cognitive Behavioral Therapy; Research Methods; Counseling Skills (residency); Group Counseling (residency).

Counselor-Owner, Nova Terra Therapy PLC, January 2020 - present

- Provide online private practice counseling services, working with clients with anxiety, depression, reproductive and other trauma.
- Provide pro bono, reduced fee, and insurance-based services as part of mission-driven work.

Consultant, CACREP Qualitative Research Project, Spring and Summer 2021

- Worked on a team of researchers to code and analyze data gathered from accredited programs about program and policy modifications during COVID.

Adjunct Faculty/Teaching Assistant, Counselor Education, University of Wilmington, DE, Summer 2021

- TA for Research Methods.
- Responsible for teaching qualitative research and grading projects related to qualitative research.

Graduate Teaching/Supervision, University of the Cumberlands, 2019 – 2021

- Served as TA for a doctoral-level Qualitative Research course.
- TA for Internship 1, Process and Techniques of Counseling, Intro to Group, and Child and Adolescent Counseling.
- Clinical Internship at Mary Washington University College Counseling Center.
- Served as clinical supervisor for the Counseling Center's post-graduate master's level counselors seeking licensure.

Counselor-Owner, Alexandria Women's Counseling, January 2010 – December 2017.

- Provided private practice counseling services and coordination of care for women experiencing anxiety, depression, infertility, pregnancy loss, and postpartum mood disorders.

School Counselor, Burgundy Farm Country Day School, Virginia, 2008 - 2010

- Provided group and individual counseling services to students in grades 6-8.
Taught guidance lessons on topics such as social skills, life skills, drug abuse prevention and violence prevention for middle schoolers.
- Provided consultation and community referrals to families.
- Developed and delivered faculty trainings for school faculty.
- Developed and delivered parent workshops.

School Counselor, Holy Trinity School, Washington, DC, 2001- 2003 and 1994-1997

- Provided individual and group counseling as a related service to special education students in compliance with their Individual Education Plans.
- Provided developmental classroom guidance for all grades, nursery through 8th grade.

Learning Specialist, Disability Resource Office, SCSU, New Haven, CT, 1993-1994

- Maintained a caseload of individual students with disabilities for whom I provided individual support sessions, review of accommodations, and advocacy assistance.
- Co-taught the undergraduate course, Understanding Self in College, for students with disabilities.

AWARDS AND ACADEMIC HONORS

Connolly Grant Recipient, Gwynedd Mercy University, December 2023
ACES 2023 Research Grant Recipient
2022 Finalist, Excellence in Dissertation Award, The Professional Counselor
ACES 2021 Dissertation Scholarship
Member of Chi Sigma Iota, University of the Cumberlands
Member of Kappa Delta Pi, National Honor Society in Education
Recipient of Teacher's College General Scholarship for Academic Excellence

SCHOLARLY CONTRIBUTIONS

Publications:

Brokamp, E., Pharr, T., Aucoin, J., Walter, S.M. (2024). A model for collaborative writing groups for counselor educators and doctoral students. *The Practitioner Scholar*.

Walter, S. M., **Brokamp, E.,** Aucoin, J., & Pharr, T. (2023). Structure for success: Implementing group projects in online counselor education courses. *Association for Counselor Education and Supervision, Teaching Practice Briefs*.

Brokamp, E. (2022). Gatekeeping. In *Synchronous Online Counseling and Supervision in the 21st Century* (1st ed., pp. 284–310). Cognella: San Diego.

Brokamp, E., & Pharr, T. (2022). Foundations of Online Clinical Supervision. In *Synchronous Online Counseling and Supervision in the 21st Century* (1st ed., pp. 246–263). Cognella: San Diego.

Pharr, T., Wannamaker, S., & **Brokamp, E.** (2022). Methods and Techniques of Effective Distance Supervision. In *Synchronous Online Counseling and Supervision in the 21st Century* (1st ed., pp. 264–283). Cognella: San Diego.

Brokamp, E. (Fall, 2018). The teaching implications of the aging brain, SACES Newsletter.

Manuscripts accepted for publication; in revision; in preparation:

Brokamp, E. (accepted for 2025). The tale of the new flight attendant: an informed consent activity. In *Creative Teaching in Counselor Education and Supervision*, Routledge/Taylor Francis (C. Baker & L. O'Brien, eds.)

Brokamp, E., & Pharr, T. (in preparation). Counselor education administrators' compensation, job conditions, and job satisfaction. Quantitative study.

Brokamp, E., & Pool, A. (study in process). Practitioner-Scholars in Counselor Education: Experiences of Faculty Who Concurrently Teach and Engage in Clinical Practice. Qualitative study.

Brokamp, E. (in preparation). Use of metaphor to demonstrate attunement in online counseling. Conceptual piece.

Local, State, and National Conference Presentations:

Brokamp, E. (accepted). “*Donning an Invisibility Cloak: Understanding Older Women’s Identity Issues in an Ageist Culture.*” Counselors for Social Justice Conference, San Juan, Puerto Rico, April 2025.

Brokamp, E., Pharr, T., Aucoin, J., & Walter, S. (accepted). “*Enhancing the Online Student Experience with a Creative Residency Course.*” Association for Creativity in Counseling, online, November 2024.

Walter, S.M., Aucoin, J., Pharr, T., & **Brokamp, E.** (accepted). “*Creating Community in an Online Counselor Education Program through a Residency Course.*” The SACES 2024 conference, Dallas, TX, November 2024.

Brokamp, E. “*All that Glitters is Not Golden: Mental Health Challenges in Retirement.*” Association for Adult Development and Aging (AADA) National Conference, online, July 28, 2024.

Brokamp, E. & Pharr, T. “*The Erosion of Counselor Professional Identity: Contemporary Threats from Within Our Profession.*” Association for Humanistic Counseling conference, online, May 2024.

Brokamp, E. “*Latekeeping: The Ethics of Late-in-Program Gatekeeping.*” Law and Ethics conference, New Orleans, LA, January 2024.

Brokamp, E., Pharr, T., Walter, S., & Aucoin, J. “*Strategies for Establishing a Successful Collaborative Writing Group for Counselor Educators.*” University of the Cumberland conference (online), November 2023.

Pharr, T. & **Brokamp, E.** “*Stronger Together: A Collaborative Approach to Gatekeeping.*” ACES national conference, Denver, CO, October 2023.

Aucoin, J., Pharr, T., **Brokamp, E.,** & Walter, S.M. “*Engaging Diverse Learners in Group Projects in Online Courses.*” Diversity, Equity, and Inclusion in Education conference, Gwynedd Mercy University, Gwynedd Valley, PA, April 2023.

Brokamp, E. “*The Taboo of Aging: Helping Clients Cope and Therapists Deal.*” Pennsylvania Chi Sigma Iota conference, Indiana, PA, April 2023.

Pharr, T. & **Brokamp, E.** “*Online Crisis Counseling.*” Law & Ethics in Counseling conference (online), February 2023.

Brokamp, E. & Pharr, T. “*Trauma Informed Teaching.*” Professional Development Day, Gwynedd Mercy University School of Business and Education, October 2022.

Pool, A., **Brokamp, E.,** & Harmon, L. “*Developing a Strong Conceptual Framework for Your Qualitative Study.*” The Qualitative Report conference, January 2022.

Henderson, E., & **Brokamp, E.** “*Navigating Work-Life Balance.*” University Assembly, Gwynedd Mercy University, January 2022.

Pool, A. & **Brokamp, E.** “*Trauma Informed Teaching in Graduate Counseling Classes.*” ACES conference, Atlanta, GA, October 2021.

Brokamp, E., Pharr, T., & Penix, K. “*Developing a Strong Professional Identity in Counselor Education.*” Doctoral Residency, University of the Cumberland, Fall 2020.

Brokamp, E. “*Cultivating Sense of Belonging in Online Educational Environments.*” Online Teaching & Learning course, Spring 2019.

PROFESSIONAL SERVICE and LEADERSHIP

- **Member.** Legislation & Advocacy Committee, Association for Humanistic Counseling, Fall 2024.
- **SACES Conference Proposal Reviewer.** SACES Conference 2024.
- **Ad Hoc Reviewer.** *Counselor Education and Supervision.* Fall 2023 – present.

- **Presenter.** “*The National Counselor Examination.*” Counseling Department, Gwynedd Mercy University, Fall and Spring 2022 & 2023.
- **Presenter.** “*State Licensure.*” Counseling Department, Gwynedd Mercy University, Fall and Spring 2022 & 2023.
- **NBCC Liaison.** Northern Virginia Licensed Professional Counselors, 2019 – 2020.
- **Secretary.** Northern Virginia Licensed Professional Counselors, 2018 – 2019.
- **Editor,** Chi Psi Omega (CSI) Chapter Newsletter, University of the Cumberland.

UNIVERSITY SERVICE

- Served as Program Director, Counseling Program, Gwynedd Mercy University
- Participant in Corvus Consulting Project regarding University’s Strategic Plan (November 2023)
- Coordinated with the undergraduate psychology program to create an early entry pathway to the master’s in counseling degree program (2023-2024)
- Served on Strategic Planning Committee for the School of Arts and Sciences (2022-2023)
- Faculty Mentor for New Faculty Member (2022-2023)

PROFESSIONAL MEMBERSHIPS

- American Counseling Association (ACA)
- American School Counselor Association (ASCA)
- Association for Counselor Education and Supervision (ACES)
- Southern Association for Counselor Education and Supervision (SACES)
- Counselors for Social Justice (CSJ)
- A.K. Rice Institute for the Study of Social Systems
- Association for Creativity in Counseling (ACC)
- Chi Sigma Iota (CSI)

INTENSIVE TRAININGS

- Leadership Development and Role Success (LDRS) Cohort Program, A.K Rice Institute for the Study of Social Systems (Fall 2024 – Spring 2025)
- Navigating Cultural Differences: Becoming a More Inclusive Educator, True North Intercultural, 2023 - 2024
- EMDR, Parts 1 and 2. EMDR-HAP, August 2019, EMDRIA, February 2020
- Field Traumatologist, Green Cross Academy of Traumatology, 2019
- Psychological First Aid, February 2019
- Compassion Fatigue Educator, Green Cross Academy of Traumatology, 2018
- Certificate Program in Cognitive Therapy at The Atlanta Center for CT, 2014
- Infertility Counseling Study Group, Shady Grove Fertility, 2013-2014
- Counseling for Postpartum Issues, Advanced Training, Karen Kleiman, 2007

CONTINUING EDUCATION

- Focus on Peer Review, Nature Masterclasses, 1/22/23
- LGBTQ+ 101, Gwynedd Mercy University, 11/13/23
- The Future is Now: Artificial Intelligence and Its Impact on Counselor Education, ACES, 10/15/23
- B-What? How HRSA Grant Funding Can Help Diversify and Advance a Counselor Education Program, ACES, 10/14/23
- Forging Ahead in Florida: A Cross-Institutional Approach to Bans and Legislative Restrictions, ACES, 10/13/23
- Teaching Writing Skills in an Online Program, ACES, 10/12/23
- Insights into Publishing in Counseling, ACES, 10/12/23
- Going Above and Beyond: Developing Anti-Oppressive Strategies in Counselor Education Programs for Students and Faculty, ACES, 10/11/23
- Engaging Online Students in a Creative Learning Environment, ACES, 5/5/23
- Research and Grant Writing, NARACES, 4/14/23
- Neurodiversity in the Classroom, PaperClip Communications, 4/4/23
- Sharing Power with Students in Counselor Ed: Decolonizing Our Relationships, 11/29/2022
- Holistic Admissions in Counselor Education: A Culturally Responsive Leadership Practice, UNCG, 4/25/22
- Counseling, Psychotherapy, and Adult Education: A Simulation Experience, Drexel University 2/29/2022
- “Take Your Kung-Flu Back to Wuhan”: Culturally Sensitive Strategies for Counseling Asian American Clients, NCACES, 2/28/22
- American Association of State Counseling Boards Virtual Conference (President of CACREP Sylvia Fernandez Session), 2/18/22